



The \$10,000 Quick Weight Loss Challenge Entry Requirements Checklist

Required:

- _____ Challenge Registration Form
- _____ Two (2) or more Before Photos (taken and submitted by center)
- _____ Four (4) or more After Photos (taken and submitted by center)
- _____ Challenge Testimonial Questionnaire
- _____ Essay of five hundred (500) words or less

Optional:

- _____ Additional Before Photos
- _____ Additional After Photos

We encourage you to provide any additional photos which you feel demonstrate your weight loss success. **All photos must be labeled with the entrant's name, phone number, weight at time of photo, date photograph was taken, and center location clearly written on the back.** Photos taken before September 10, 2007 will not be considered. Photos taken prior to beginning your Quick Weight Loss Centers program will not be considered.

Digital photographs are highly encouraged. They should be "best" image quality, saved at the highest resolution, and burned onto CD or DVD. Professional photographs are also highly encouraged. Professional photographs must be provided in a digital format, and must include a release from the photographer for us to use the photographs. Non-digital photos should be processed by a professional photo processing lab. Photos should be 4x6 inches or larger in size.

All photographs are to be true, unaltered, and unretouched. Any Entrant's photograph that is altered or retouched will be disqualified and the Entrant will be removed from the Challenge.

All materials submitted, including essays and photographs, become property of Quick Weight Loss Centers and will not be returned.

***All of these materials may be submitted via your QWLC counselor, or mailed directly to:
Quick Weight Loss Centers, 4350 W. Sunrise Blvd, #122, Plantation, FL 33313.***